Sheffield Royal Society for the Blind Rotherham Sight & Sound Cairn Home

INSIGHT WINTER 2024

Providing opportunity, support, friendship and services to people with sight and/or hearing loss in the Sheffield & Rotherham area, helping them to achieve whatever they wish to do and whatever they aspire to be.

Introduction

It doesn't seem two minutes since we were sending out the first Insight of the year and here we are now talking about Christmas!

It's certainly been a busy year. The reopening of our Ship Hill Centre was one of the highlights, we all love the bright new building and the feedback we've had from clients has been really positive. If you haven't already, please do pop in and see us, our Café is open Monday to Friday 9:30am to 2:30pm, there's always a friendly face and the food is lovely (even if we say so ourselves!).

The refurbishment has helped us to adapt to the changing needs of our clients. We realise that often it's the physical barriers that hold people back and we wanted to make our centre and services as accessible as possible.

Over the last few years, we have seen a change in what our clients want from us as an organisation. We see clients who want to feel empowered, be independent and have the confidence to continue, or become more involved in playing a part in their community.

We also see clients who need practical support, help with arranging care, emotional support, socialising and making friends and connections.

As we develop our services, we are constantly aware of trying to get the balance right. We realise that independence, confidence and education are all key factors in overcoming the difficulties people face and we will continue to build these into our service delivery. Raising awareness and training is key to this and it's an area we want to build on. Following on from the **RSS** refurb we have now turned our attention to **SRSB** in Sheffield. We have started updating our Mappin Street Centre, this will involve a fresh coat of paint, repurposing rooms and a general spruce up. Hopefully we can do the work without causing any disruption.

Joanne Ardern CEO of SRSB, RSS and Cairn

SRSB & RSS News

How to Access What's On at SRSB and RSS:

We have so much happening it can be hard to keep up! However, there are lots of ways to find out:

- Online via our website Client Events page (events are listed in date order): www.srsb.org.uk/client-events.aspx
- Our Service Leaflets explain the specific details of services offered by **SRSB**, **RSS** and **Cairn** and are available in printed or digital format
- Monthly large print activities list or email version (events listed by activity or group)
- Mailing lists for specific interests eg Culture Club, Children & Young People, etc
- Large print notice board in Cafe at **SRSB** with 'What's On this Week' that also has a QR code to link you to the list online
- Contact us by phone **0114 272 2757** or **01709 722 420**
- Email us at info@srsb.org.uk

Most of our Client groups, activities and events are available to our clients with both sight and/or hearing loss unless specified. **SRSB/RSS** clients and **Cairn** residents are welcome to access services in both Sheffield and Rotherham.

Staff Updates: Our Deaf/DeafBlind Co-ordinator Amy was due to have her baby as we went to print for the Autumn Newsletter, so for those of you that didn't hear the news, she had a little girl! Mum and daughter are doing well. Huge congratulations to Amy and her family from us all!

We welcomed Mark Skelton to our team as Activities Coordinator (temporary role) in September and he's fitted right in! Great to have you on the team Mark!

Meet the Team: Alison: "Hi, I'm Alison and I joined **SRSB** in March this year as a part time Finance Assistant. I've worked for a number of charities in the past, and I currently also run an e-bay business with my husband. I already knew of SRSB as my Grandma used to go to a weekly coffee morning, so I knew when I saw the role advertised that it was an opportunity I didn't want to miss. Over the past 6 months I've enjoyed getting to know more about the charity, working alongside the fantastic team of staff and volunteers and meeting some of the clients. During my first few months I attended the Visual Impairment Awareness training and soon after put the skills we learnt into practice at Go Ape as a sighted guide – this was both terrifying and exhilarating and definitely an experience to remember!

My role at **SRSB** is all about the money! We work away behind the scenes to ensure the finances are kept up to date, we keep track of donations, count the money from fundraising activities such as raffles and sponsored events and ensure volunteers are re-imbursed for expenses. All of the home collection boxes, store collection buckets and the elephant collection tins come back to us and it's great to see how much money is raised to support the charity and also how this money is then used in the different projects and services we offer."

Meet the Team: Michelle: "Hi, my name is Michelle and I have worked at Cairn Home for a little over 4 years now.

I initially started as a cleaner in May 2020 and after about 12 months I moved on to Office Administrator. My current role is now Environment Officer which includes ensuring all equipment is serviced regularly, checking water temperatures, checking windows are all in working order, various checks around the garden and building, and infection prevention and control audit etc.

I also maintain the garden (weather permitting) and we have this year started to grow our own vegetables and herbs. We've currently managed to produce cucumbers, tomatoes, and peppers and two fig trees which are growing nicely in the greenhouse. The plan for next year is to expand on this to potatoes and anything that is relatively simple to produce as I must admit I'm not an expert gardener and am winging this slightly! If I'm not available to get out to the garden sometimes, there are some of the residents who will check on the greenhouse with the activity ladies and water all the plants/vegetables for me which they really seem to enjoy and its lovely that they take part in it.

I have also acquired the role of resident painter and slowly but surely, we're getting around to updating and decorating many of the bedroom and communal areas. I really enjoy working at Cairn Home as no day is ever the same and I never know what I'm going to be doing next.

Services

For any of the services featured below or any of our other services, you can call us on the numbers at the beginning of the newsletter.

Festive Fun Coming Soon! It's nearly time to untangle those fairy lights and dig out the decorations! We're busy planning festive fun through December. Here are some of the dates...

Festive Menus at SRSB and RSS Cafes: Our cafe managers in Sheffield and Rotherham will be serving up a festive twist in December... expect mince pies!

Christmas Lunches: Running throughout the week from Monday 16th Friday 21st December at **SRSB**. We'll be serving a traditional roast and Christmas pudding from the fab team of Pamela and Sue (our 2 Cafe Managers). So hurry to get your place at the table booked (transport available to book from **RSS** each day too). There will be entertainment, and as usual you'll get to meet our other special guests, including people who've supported our charity through the year.

Christmas Sale & Coffee Morning: Our last two fundraising sales at **SRSB** in Sheffield have been a roaring success, so of course we're going hold a festive one! We've been collecting donated items together and it'll be our biggest yet! So if you're looking for some presents for family or friends or want to give yourself a little treat, while supporting our charity, then come along on Wednesday 11th December from 10am to 12pm

Christmas and New Year Holidays: To give all our staff and volunteers a well-earned break over Christmas, our Mappin Street and Ship Hill Centres will be closed from Tuesday 24th December and will re-open on Thursday 2nd January 2025.

Christmas Gifts & Gratuities: We understand that Christmas is a time of giving and that many of you like to express your appreciation of our services with a gift.

We need to draw your attention to our policy on gifts for staff and volunteers. Individual staff and volunteers are not allowed, under our rules, to accept gifts of any nature as it can lead to suggestions of favouritism or even taking advantage of people. Individual staff or volunteers could not do their job without support from all the unsung back room support people. If you wish to show your appreciation it is a lot easier for us to manage if you could give something like a box of sweets or biscuits which can then be shared amongst everybody. Items such as cash or gift tokens cannot be accepted unless they are donated to **SRSB/RSS**.

Please do not be offended if staff or volunteers refuse gifts as this is what they are instructed to do as otherwise they would be subject to disciplinary procedures.

Labels: If you struggle to write your cards, we can provide festive silver labels with the message "Merry Christmas from" with your name printed on them. We charge £3 for a sheet of 48 labels. Please contact us to order some.

SRSB Update: Following on from the refurbishment of **RSS**, we're now focussing on some updates at our **SRSB** Centre in Sheffield. We've been in the Centre for 15 years now and not only do we need some upgrades, but we've evolved the way we offer our services in line with the requirements of our clients. So please bear with us as we take on the rooms one at a time.

We're going to reconfigure some of the rooms to accommodate the way we've adapted to work now, as well as giving everywhere a lick of paint and other small refurbishments. We now have a lovely new resource room for equipment and one to one meetings.

Welfare Rights Updates: Each newsletter, we would like to highlight benefit issues that may be of significance. We have shared this previously, but it is worth a reminder:

- If you are a couple and in receipt of income-related ESA and one of you is approaching state pension age, please get in touch. As a mixed-age couple it will be necessary to claim Universal Credit, and it may be vital that the UC claim is made before the ESA claim finishes.
- If you have a child who is approaching 16 and who is in receipt of DLA, it may be possible for them to claim Universal Credit. Again, please get in touch if you would like to discuss this further as the rules are quite complex.
- Second adult rebate if you have reached state pension age and are the only person liable to pay Council Tax in the household, if you have other adults living with you who are on a low income, you may qualify for a 25% reduction on your bill.
- If you are in receipt of Tax Credits or ESA, you will be receiving information about Universal Credit. Please DO NOT make a claim to UC until you receive the Migration Notice as this will have a 'claim by' date. To claim sooner is likely to leave you worse off.
- If you do receive a Migration Notice, claim on the day that your ESA or Tax Credits goes into your bank account, as those benefits stop as soon as the UC claim is made.

For any benefits advice or for a benefit check to ensure that everything is in payment that should be, please contact either **RSS** or **SRSB.** We provide advice over the telephone, and we also have Welfare Rights drop-in sessions in both Rotherham and Sheffield if you would prefer to see someone face-to-face.

RSS Open Day: We had an open day at **Rotherham Sight & Sound** at the end of August to celebrate the reopening following the refurbishment. We gave tours of the Centre, let people know what's happening with groups and activities, or just sat down for a cuppa in our new Cafe for a catch up.

Our staff were on hand to chat to visitors. If you missed this or couldn't attend, please don't hesitate to get in touch and we're more than happy to arrange a tour for you.

BSL Advice Sessions: These take place every week on Tuesdays from 10am to 1pm at **RSS**, to enable people to access a BSL Deaf advisor from the Deaf Advice Team at Citizens Advice Sheffield.

BSL Social Activity Group: Tuesdays 10am to 1pm at **RSS**. Socialise and try out activities

Rotherham Bingo Group Wednesdays 10am to 1pm at RSS. The popular bingo session moves to once a week starting on Wednesday 13th November. The group takes place at **RSS** from 1pm to 3pm.

Hard of Hearing Support Group back at RSS: Do you have difficulty hearing what people say?

If you'd like to meet people who have similar experiences, then come along to the Rotherham Hard of Hearing Group that meets at our Ship Hill Centre each month. We meet for an informal chat, coffee and biscuit, to exchange information and support anyone experiencing hearing loss. The next group will be in the new year as the December group falls at the same time as Christmas Lunches at **SRSB**.

The January meeting will be on 21st January from 10:30am to 12pm.

Equipment & Technology: We'll be welcoming **Associated Optical** at **SRSB** (Mon 11th Nov 2024 10am to 3pm). This is a drop in event, so you can call in to demo a range of 'vision aids for every aspect of life'.

And on Friday 11th April 2025 we'll be welcoming **Sarabec** ('hearing products for a better lifestyle') to RSS in Rotherham.

Tech Drop-In Days: We'll also be hosting monthly tech drop-ins in the New Year at both **SRSB** (13th Jan) and **RSS** (20th Jan) between 10am and 1:30pm. Each month will have a different theme and you'll be able to come along and discuss different equipment and technology designed for people with sight loss. January's theme is: **Ai For Everyday Use.**

and on that subject...

Rob Tells Us About Pi the Al Assistant that can be used on a mobile device without using the keyboard.

One of the best things about Pi is its versatility and ease of use, especially when it comes to mobile devices. Simply download the Pi app on your iOS or Android smartphone, and you'll have instant access to its wealth of features right at your fingertips. But what if you don't want to type or navigate through the app? No problem! Pi also supports voice interactions, making it incredibly accessible for visually impaired individuals. You can communicate with Pi using only your voice. Just tap the little telephone icon to the top right of the keyboard, and then the keyboard is completely removed and you have a voice only input and output system.

With this intuitive voice-activated feature, you can ask Pi to do things like read news articles, or even give you weather updates, all without having to touch your phone's screen. It's a gamechanger for those who rely on auditory feedback and want a seamless, hands-free experience.

It's like having a friend at the end of the telephone, the mobile phone works in hands free mode, but just like talking to a friend on the phone they can hear everything going on around you, so it is better to use this in a quiet location so that the AI cannot hear other people talking.

If you wish to have a demonstration of this technology please contact Rob and make an appointment to see him at **SRSB/RSS**.

Children & Young People: Our Youth Group had a craft session in August where they made their own tie dye t-shirts and a trip on the Ethel Barge in September where they learnt lots about canal boats and even got to steer it themselves. Whilst there they visited the looping canal boat sculpture designed by Alex Chinneck. The Youth Group are anticipating an electric music session at the end of November hosted by Rian Treanor. We have sent out the Autumn Activity Packs and are enjoying seeing everybody's wonderful creations. We have welcomed back our Little Sparklers in September we're looking forward to their annual Christmas party when they meet Santa. Please get in touch with Chloe about any of our Children & Young People's services **cyp@srsb.org.uk**

Sheffield Talking News: A reminder that Sheffield Talking News (STN) is a great service whose mission is to provide a weekly overview of local news content to blind and visually impaired people in the city.

Their stories are a carefully curated and interesting selection of local news, interviews and stories produced and read by a team of volunteers. This free service is offered in various formats: clients can listen online, via their free postal memory stick service, podcast, smartphone app or even via Amazon's Alexa.

Just contact STN on: 0114 278 0440 or stnmail@sheffieldtalkingnews.org.uk

Please note: If you are in Rotherham there is also a Rotherham Talking News service who you can contact at: 01709 522429 or rothnewstalk@btconnect.com

New Support Group: We would like to hear from our clients who have Leber's hereditary optic neuropathy (LHON). LHON is an inherited condition that affects central vision and is passed from mother to offspring. We'll run this session as a taster to gauge demand to run a support group for clients.

We're working with the national LHON Society to bring people from across the wider region together starting in the New Year. If you have this condition and are interested in attending the group please contact Matt at **SRSB/RSS**.

New Activities: We're beginning Tai Chi and Boccia at RSS in November 2024. Please get in touch if you are interested in these or other activities or would like to be added to the Activities Guide monthly list.

Valentines Party: Early to talk about Valentine's Day, but this event will be happening before our next newsletter! We're planning a Valentine's Party at **SRSB** on Friday 14th February 2025 from 7pm to 10:30pm. Ticket price is £10 per person.

Feedback

Our Stories: Our Stories: Nicky and Pam talk about the VI Tennis Tournament they are competing in.

As you are reading this newsletter, Pam and Nicky will be about to, or have just completed, a VI National Tennis Tournament in Nottingham in November.

The pair have been friends for a long time, and it was in fact Pam who persuaded Nicky to join in at the South Yorkshire VI Tennis Club currently held at Graves Tennis Club in Sheffield (at Brentwood Tennis Club in Sheffield in the summer months). Nicky now loves the sport and they are both very excited to compete in the tournament together at Nottingham Trent University. However, they tell us that their friendship is left aside while they are on court, as they are there to win, then quickly picked up again afterwards!

They laugh as they tell us about Nicky's 'signature hit' and Pam says "I fall for it every time!!"

Both are competing in the B2 category and both playing singles, then both playing doubles for the first time.

The game is played with a ball that has a bell in it and competitors are allowed 3 bounces before losing a point. Players have a variety of sight conditions which is why there are different categories. Nicky and Pam are both visually impaired, both hearing aid users and Pam also has some mobility issues. They both mention it is quite a challenge logistically thinking about accessing the venue, travel, hotels, navigating new streets and taxis etc, but both are getting organised and of course it will be worth it! The tournament in Nottingham runs from Friday to Sunday and there is an awards ceremony at the end.

It is Pam's 3rd tournament but Nicky's first! So as we write this newsletter we're wishing all the very best to the pair and look forward to hearing about the results. And hopefully, one day they will achieve their ambition of going to Wimbledon.

They practice every week at Graves Tennis Club currently, with the South Yorkshire VI Tennis Club facilitated by Janiece. If you are interested in attending, please contact Janiece on 07795 540514 for more details.

Cairn Home

Staff Updates: Staff Updates: We said a fond farewell to one of our Care Assistants, Amina recently. She's been lovely to work with and we're sorry to see her go, but wish her all the very best with her new career working with children.

We have a new Team Leader who started in October - welcome to the team Denise!

We've had a restructure in the kitchen as Carolyn returns as cook while Sarah is moving back to care, and we have 2 new bank staff.

Work will start on the updating of the 6th new en-suite bathroom in our residents' rooms very soon. We're still busy installing new blinds in several rooms around the home and we're decorating the corridors.

We're busy preparing for the festive season and looking forward to planning singers, a nativity play, pub lunches and more...

We've had some lovely visits recently to a garden centre and to the Butterfly House near Anston. We've got a new activity to add to our regular activity schedule with a set of magnetic darts. We recently held a quiz with a team of residents taking on a team of staff! The staff lost!!

The garden has provided lots of cucumbers and tomatoes throughout the summer months, but we're putting the vegetable growing to bed for the winter months now.

Residents have had their Covid and Flu vaccines.

If you'd like to find out more about Cairn, please get in touch: 0114 266 1536 or cairn@srsb.org.uk

Awareness

If you're interested in finding out about research, consultations and feedback groups please let us know at

marketing@srsb.org.uk You could help make a difference to changes in public spaces, organisations and venues by sharing your lived experience, ultimately helping to improve everyone's experience.

Update on Rotherham Town Centre Plans: We continue to work with Rotherham Council around issues for our clients with reference to street plans and also continue to offer and provide Visual Impairment Awareness Training to staff to give a concept of the challenges that our clients encounter.

We've had several meetings, but just recently two members of our staff (Tracy and Matt) met with the council to continue discussions around paving, edging, tactile surfaces etc and catch up about the traffic lights around the Ship Hill area of Rotherham. As we mentioned in the last newsletter we have very strongly put forward our opinion that the traffic lights/pedestrian crossing over Westgate leading up to Ship Hill should be reinstated to enable clients travelling from the bus or train station to have a safe route up to our Centre. In our previous discussions we were clear that VI clients need a route around town with controlled crossings and we put forward the case that the Ship Hill crossing must stay and that the Westgate one is reinstated, as this would facilitate a direct route to our Centre, Riverside House and to the new Riverside development area and shopping Precinct.

The team have been sympathetic to the points we have made and we hope that it will influence their decisions about this and that they will work with us over future plans too.

We have had another consultation with a group of clients and staff who visited and gave feedback on the area around Forge Island.

A group of clients and staff also visited a stall that RMBC held to consult with local people.

E-Scooters and Street Clutter Issues: We were delighted to welcome members of the SYMCA (South Yorkshire Mayoral Combined Authority) to our Centre in Sheffield recently. This meeting came about following an interview with Chloe (our Children & Family Support Officer) around the issue of e-scooters on pavements, and a subsequent interview where Chloe put a question to South Yorkshire Mayor Oliver Coppard. His team followed up with us about this and we had a productive meeting that has resulted in their team requesting training and also potentially working with our clients in focus groups. We covered the challenges of many other street clutter issues too.

We're looking forward to developing this relationship with them and working together to improve things for not only our clients, but people with other disabilities as well as other pavement users.

Volunteering

If you're interested in volunteering please view our roles online: www.srsb.org.uk/Jobs-and-Volunteering/Volunteer-Opportunities/ or call Andrea on: 0114 272 2757 or email: volunteers@srsb.org.uk We give full Visual Impairment Awareness training and induction.

On behalf of all our clients and staff we'd like to say a big thank you to all our volunteers for their help and support across all areas of **SRSB/RSS**.

Volunteer Christmas Party: We're very excited to welcome our amazing volunteers for a Christmas Party at **SRSB** in Sheffield to say thank you to them all for the incredible job they do in supporting our clients and our work in Sheffield and Rotherham. If you are a volunteer - your invitation will be enclosed. The party takes place on Tuesday 10th December from 2pm to 4pm. See you there!

Befriending: Our Befriending Services support approximately 88 clients, however with a growing waiting list we are looking for more volunteers to join our amazing team. Many of our befriending volunteers are also clients, so if you feel you'd like to give back in this way, please contact Andrea for a chat.

Carol tells us about her volunteer role: "Being a befriender means that a client who may not to speak to anyone in their day to day lives hears from someone who cares, and it doesn't matter what they chat about the volunteer is on the other end of the phone for them. The volunteer is often thanked because it is the only contact with the outside world that they get. As a volunteer, you feel you are giving something that is very much needed and appreciated, you are showing empathy, caring, and giving your time to help others. It makes a big difference to a person's everyday life and a valued voice on the other end of the phone, it also gives them something to look forward to every week. Our Befriending Service is a very valued service, and each volunteer and client have a partnership that works in a way that suits both parties, there is trust and positivity on both sides. Each partnership is different because each client is different and there's never a dull day."

Carol (Telephone Befriender)

If you are a client of **SRSB** or **RSS** and feel you would benefit from a call from a Befriender, please get in touch with Andrea.

Fundraising

Our Fundraising Events are open to anyone to join. You can book online at **www.srsb.org.uk/fundraising-events.aspx** call Steve on:

0114 272 2757 or email:

fundraising@srsb.org.uk

The events we hold are a critical source of income for our local independent charity and help us to provide our services now and into the future in Sheffield and Rotherham.

Christmas Raffle: It's that time of year again and we've got lots of lovely prizes to be won! The first prize is £250 and we'll also be giving away a further 20 fantastic prizes, including Luxury Food and Beauty Hampers.

Tickets are enclosed if you have requested some. **PLEASE NOTE:** We've increased the ticket price as it hasn't changed in many years. They are £5 per book (or £1 per ticket). Thank you for your understanding and continued support.

If we don't receive the full amount for tickets sent in we will enter the correct number for the amount paid. If you can sell them, please put the money and the ticket counterfoils in the FREEPOST envelope and send back to SRSB/RSS no later than Fri 13th Dec 2024 (to be drawn on Wed 18th Dec 2024). Cheques should be made payable to "**SRSB**". *Raffle tickets received after the deadline will be treated as donations.*

If you or your family can sell extra tickets please let us know. We realise selling tickets is not for everyone, so don't worry, but please DO NOT return the tickets to us as we do have to pay postage for the FREEPOST envelope if you use it. If you would prefer not to receive raffle tickets in future then please just give us a call.

If you prefer to pay for the raffle tickets by debit /credit please call us and we can take your payment and enter tickets into the draw for you. It's simple and ALL proceeds will go to **SRSB/RSS**.

Thank you if you can help us to save costs by putting a postage stamp on the envelope but please ensure that you cross out the first line of the address on the envelope which starts "Freepost Plus" and the barcode immediately above it. We will be charged otherwise.

Please ensure that anyone buying a raffle tickets is aged 16 or over.

Donations In Lieu of Cards: Many people don't send paper cards now and many decide to support a charity instead via a donation in lieu. We would be very grateful if you chose to support our charity in this way. Just get in touch if you'd like to make a donation or find out more.

Running For Us: A HUGE thank you to our supporters who ran in the Sheffield 10K in September.

Gary raised an incredible amount of over £1,000, and Oz, Thomas and Chris from 1101 raised an amazing total of over £700! We really appreciate your hard work, and big thanks to your donors too!

If you're thinking about running in the Sheffield Half Marathon in 2025, please join our team of runners raising sponsorship. We offer a free running vest or T shirt and fundraising support for people who pledge to raise over £100.

Grants & Trusts: We continue to apply for grants to support our work and were delighted to hear recently that the Marjorie Coote Old People's Charity will help us to fund a new demo kitchen at **SRSB** in Sheffield. So a big thank you to them for their support that will enable us to offer a training space to help our clients with daily living skills at home.

Our Local Communities: We're so lucky to have such a wide range of people in our community who support our charity. Recently two pubs have held events and made donations to us and we went along to support them both.

The Blue Ball at Worrall donated an amazing amount of over \pounds 3,200 from a sale that they held where they split the proceeds (over \pounds 6,400) between us and the Sheffield 1,000 charity.

The Royal Oak at Ulley, Steve Knight, and Meat Mart - Hellaby also recently supported us and we were presented with a cheque for an incredible £1,000.

A massive thank you to all involved in both of these events, we love our local community!

Legacies: Many thanks to all who supported our Will Month in October recently. We have pencilled in dates for a Free Will Week 23rd to 27th June 2025 and also another Will Month next October 2025. Just contact Steve to find out more or to book an appointment at a time to suit you. **2025 is Around the Corner!** We're planning lots of exciting events for next year. If you want to know more, please get in touch and we can add you to a mailing list. Some of our events got booked up quite quickly, but if we know you are interested we may be able to expand the capacity of some.

Here are some dates for your diaries, more to coming soon..:

Pub Quiz: Thurs 5th December 2024. 7:30pm The Old Queen's Head Sheffield. £4 per person

Elton John Tribute, Beighton Recreation Welfare: Sat 8th March 2025. 7pm £12 per person

Pub Quiz: Thurs 13th March 7:30pm 2025. The Old Queen's Head Sheffield. £5 per person

Sheffield Half Marathon: Sunday 23rd March 2025. Sheffield City Centre 9:30am.

Acoustic Angels Beighton Recreation Welfare: Fri 6th June 2025. 7pm. £12 per person

Pub Quiz: Thurs 12th June 7:30pm 2025. The Old Queen's Head Sheffield. £5 per person

Abseil: We're planning this for June 2025. Details TBC

Free Will Week: 23rd to 27th June 2025.

Infinity Bridge: July 2025 Details TBC. Lake District.

Pub Quiz: Thurs 18th September. 7:30pm 2025. The Old Queen's Head Sheffield. £5 per person

Charity Golf Day: Friday 26th September 9am 2025. Hillsborough Golf Club, Sheffield.

Sheffield Half Marathon: Sunday 28th September 2025. Sheffield City Centre.

Blind Drive: We're planning this for October 2025. Details TBC

DJ & Quiz Evening SYVITC/SRSB: Friday 7th November 2025.

Pub Quiz: Thurs 4th December 7:30pm 2025. The Old Queen's Head Sheffield. £5 per person

Other News

Client Questionnaire: We've included a separate sheet for you to return in the Freepost envelope (you can send it back with your tickets if you are taking part in the raffle).

We would really appreciate you taking a few minutes to fill this in. It asks about issues that are important to you and will help us gather information to shape our services.

This time focussing on 'The Use of Technology & Equipment for Daily Living' and 'Assistance with Benefits and Cost of Living.'

Your feedback is important to us.

Many thanks

And Finally... Help us save costs! Can you help by opting to receive this newsletter by email or memory stick? If so, please email marketing@srsb.org.uk from the email address you'd like us to send it to and add your name so that we know who you are. We'll save your email and add it to the mailing list. Thank you!

Sheffield Royal Society for the Blind (SRSB)

5 Mappin Street Sheffield S1 4DT Tel: 0114 272 2757 E: info@srsb.org.uk Web: www.srsb.org.uk

Cairn Home

58 Selborne Road Crosspool Sheffield S10 5ND **Tel:** 0114 266 1536 **E:** <u>cairn@srsb.org.uk</u> **Web:** <u>www.cairnhome.org.uk</u>

Rotherham Sight & Sound

8 Ship Hill Rotherham S60 2HG **Tel:** 01709 722420 **E:** <u>enquiries@rotherss.org.uk</u> **Web:** <u>www.RotherSS.org.uk</u>

Registered charity number 1047257