

Sheffield Royal Society for the Blind Rotherham Sight & Sound Cairn Home

INSIGHT AUTUMN 2024

Providing opportunity, support, friendship and services to people with sight and/or hearing loss in the Sheffield & Rotherham area, helping them to achieve whatever they wish to do and whatever they aspire to be.

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Introduction

We support clients with a wide range of sight conditions and also support people with a range of hearing impairments in Rotherham.

Our approach has to be adaptable as we meet people of all ages, all sight and/or all hearing conditions.

Sight or hearing loss is very much a spectrum, with everyone experiencing different challenges. Even if two people have the same condition it could present itself differently (for example if it is a degenerative condition).

We also consider the emotional impact of sight and hearing loss as well as the age of our clients, if their sight/hearing impairment is sudden, inherited, or degenerative, what their employment status is and what their education requirements might be. We take into account other medical factors that can affect mobility for example, check on their environment to recommend equipment, and look at their benefits to ensure everything is in place that needs to be. We then offer ongoing support, being there when we are needed, but always in the background when we are not, ready to step back in if things change.

Wherever possible, we aim to promote independence, but sometimes there can be a journey towards this, which means building confidence, so we offer many groups and activities to achieve this.

There is some complexity to what we do and the services we offer, it's not 'one size fits all'. We are very much about dealing with the day to day issues that our clients face and put in place services to support this, we are there for you no matter what your sight and/or hearing impairment.

We are a small charity that has a very dedicated team and we are grateful to be supported by a fantastic team of volunteers, many of whom are clients who want to give something back.

This is why it is important for us to listen to you, so thank you for sending the questionnaires back that we have been sending out

as your feedback helps us to shape our services and keep them relevant into the future. We'll be including the next 2 topics for feedback from you in the Winter '24 newsletter.

Joanne Ardern

CEO of SRSB, RSS and Cairn

SRSB & RSS News

How to Access What's On at SRSB and RSS:

We have so much happening it can be hard to keep up! However, there are lots of ways to find out:

- Online via our website Client Events page (events are listed in date order): **www.srsb.org.uk/client-events.aspx**
- Our Service Leaflets explain the specific details of services offered by **SRSB, RSS** and **Cairn** and are available in printed or digital format
- Monthly large print activities list or email version (events listed by activity or group)
- Mailing lists for specific interests eg Culture Club, Children & Young People, etc
- Large print notice board in Cafe at **SRSB** with 'What's On this Week' that also has a QR code to link you to the list online
- Contact us by phone **0114 272 2757** or **01709 722 420**
- Email us at info@srsb.org.uk

Most of our Client groups, activities and events are available to our clients with both sight and/or hearing loss unless specified. **SRSB/RSS** and **Cairn** clients are welcome to access services in both Sheffield and Rotherham.

Staff Updates: Since our last newsletter, we've welcomed Sophie to our team of Community Advice Officers in June, Sue started as Cafe Manager and Emelda as Cleaner at **RSS** in Rotherham, and Dave as Cleaner at **SRSB**. Our Deaf/DeafBlind Co-ordinator Amy has now gone on maternity leave and we've just heard that she's had her little girl. Mum and daughter are doing well! Huge congratulations to Amy and her family from us all!

Sarah S has joined our team to cover Amy's maternity leave and has fitted straight in, in fact we had a lovely review on Facebook after her first visit.

We now have 3 Sarahs! so we'll refer to them as Sarah K, Sarah B and Sarah S in this newsletter!

Meet the Team: Andrea: "Hi, I'm Andrea. I started volunteering with **SRSB** in 2009 while at Darnall. On completion of our new building on Mappin Street, I began volunteering in our Activity Centre, helped at fundraising events and day trips amongst other things. In 2011, I was asked to run the Creative Writing Group when the previous volunteer took up a new role as a Sheffield Councillor, which I still do to this day. During this time, I was asked to work as a self-employed personal assistant for five VI clients which I loved. Unfortunately, when Covid hit everything stopped, my PA work and my volunteering, until 2020 when I started running the Creative Writing group over the phone as a conference call, resuming my normal volunteering when we opened fully to clients and activities.

SRSB provides a Befriending Service for clients who have become lonely or isolated and would like someone to talk to either on the phone or face to face in their homes.

In March 2022 I applied for the position of Befriending Services Co-ordinator, this role involves recruiting, training, and supporting volunteers in their Befriending role.”

Tracy: “Hi, I’m Tracy. I’ve worked with visually impaired people for around 30 years with Barnsley Local Authority and Manchester Local Authority, I’ve been with **SRSB/RSS** for 6 years and started as a Community Advice Officer, however, my role has evolved over the past few years.

I also have a rehabilitation qualification, so this enables me to teach long cane and daily living skills. Over recent years I have had the chance to use my skills to teach on behalf of Rotherham Borough Council, and more recent with Sheffield City Council.

I love working as part of a team, which has enabled us to develop the Look Ahead Workshops.

The workshops have been a huge success and involve the whole team showcasing their role, and the services we offer both at **SRSB** and **RSS**, we also get outside agencies in to speak.

We offer a safe environment to talk about your sight loss and give you lots of information and support.

We have had a lot of support from our clients, in particular the ones who come along and talk about their journey, some have gone on to become volunteers following the workshops.

I am very excited about the future; we have plans for me to offer daily living classes, cooking and menu planning. This will be a six-week workshop and initially will be in our purpose-built kitchen at **RSS**.

We also have plans for further development in the kitchen at **SRSB**, so watch this space!!!

SRSB and **RSS** is such an inspiring place to work, we as staff members are supported and encouraged to bring new ideas by management and Trustees. This is only possible because we have a fantastic client group, you the service users inspire us and I feel very privileged to be a part of this charity.

Hope to see you in the kitchen!

Services

For any of the services featured below or any of our other services, you can call us on the numbers at the beginning of the newsletter.

RSS Open Day: We're planning an open day at Rotherham Sight & Sound to celebrate the reopening following the refurbishment. This will take place on Thursday 29th August between 10am and 3pm. If you're a client (or family or friend of a client) of **RSS** or **SRSB** and you'd like to pop in and have a tour around the Centre, find out what's happening with groups and activities, or just come down for a cuppa in our new Cafe, please just drop in on the day.

If you are from an organisation locally who we work with or could work with, we'd love to welcome you too. Our staff will be on hand to chat to you.

The Mayor of Rotherham and our Patron the Earl of Scarborough along with his wife the Countess of Scarborough visited on Thurs 8th Aug to officially recognise the reopening of the Centre, and to thank all the people and organisations involved after months of hard work to deliver a Centre that will be able to offer a much wider range of services for our clients.

SRSB Update: Following the refurbishment of **RSS** in Rotherham, which is now almost complete, we are turning our attention to some upgrades at **SRSB** in Sheffield. We've already

converted the old IT room in to a resource/meeting room. We've had a new carpet fitted in the corridor at the back of the building. There's lots to do, so we'll keep you posted as we go along.

Welfare Rights Updates: We began Welfare Rights Drop Ins at Rotherham Sight & Sound (**RSS**) on 25th June. These run every 2 weeks at **RSS** (and every 2 weeks at **SRSB**) between 9:30am to 3pm. If you have any questions relating to your benefits or would like a benefits check, please come to see Carolyn or Danny. You do not need to make an appointment but may need to wait a little while if we are busy. It would be helpful if you could have your national insurance number to hand, and any benefit award letters that you may have, but please don't worry if not!

BSL Advice Sessions: These began again on the 25th June and take place every week on Tuesdays from 10am to 1pm at Rotherham Sight & Sound (**RSS**) to enable people to access a BSL Deaf advisor from the Deaf Advice Team at Citizens Advice Sheffield.

NEW Focus Group for Work Age Clients: We're going to organise a focus group for working age visually impaired clients to gather feedback on barriers to employment. We're planning to hold this in Sept/Oct. If you're interested in giving your thoughts on this topic, please let us know and we'll send you an invite when we have arranged a date. You'll be enabling us to review the best steps forward in supporting you to help shift the concerning statistics about the number of VI people not in employment: 1 in 4 registered blind and partially sighted people are in employment, and this hasn't significantly changed since similar research was carried out in 1991 (Source RNIB Employment facts and stats 2020. Slade, Edwards and Crawley (2020) Employment for blind and partially sighted people in 2019. RNIB.)

Equipment & Technology: We'll be welcoming Optelec on Wed 11th Sept 2024 at SRSB in Sheffield from 9:30am to 3pm (please contact us to book a place). Come along and explore the latest products and technologies for blind and partially sighted people.

We have also booked a visit from Associated Optical on Mon 11th Nov 2024 between 10am and 3pm. This is a drop in event, so you can call in to demo a range of 'vision aids for every aspect of life'.

Children & Young People: As well as offering benefits advice for our young clients and their families, we offer a range of groups and activities. We send a regular free postal activity pack out for our young clients to enjoy at home with their siblings and parents.

Our Youth Group had a picnic at Crookes Valley Park in June and visited Grimm & Co in Rotherham in July where they wrote poems and had fun exploring the building.

Our Little Sparklers Playgroup had a trip to Wentworth Woodhouse where they visited the animal park and handled some exotic animals.

Please get in touch with Chloe about any of our Children & Young People's **services** cyp@srsb.org.uk

CBS Support Group: Our Charles Bonnet Syndrome Support Group will now take place every quarter and will alternate between **SRSB** and **RSS**.

The group are currently working on a project to produce artwork as a way to explain their visions to other people. This will be led by one of our clients who is an artist and who used to run the Art Group at SRSB.

We then plan to exhibit the artwork at our Centre in Sheffield.

Just get in touch to find out more, and you can check dates the group is taking place on the website or in our monthly activity guide. Newcomers are always welcome.

(Charles Bonnet Syndrome is not a cause of sight loss, more a result of sight loss, it can be a worrying condition which causes hallucinations, resulting in people, or their family/friends, wrongly believing that the VI person may have mental health problems. We work hard to raise awareness of this condition so that people realise it is not only them, and also to share latest updates and coping mechanisms.)

Cairn Home

Staff Updates: We said a fond farewell to one of our Assistant Managers, Julie Cowlshaw, in July. She has returned to working for the Council. Julie had been working at Cairn for 8 years. We wish her all the very best and we're looking forward to a staff send-off for her in August. We'll also be saying goodbye to Lesley, one of our night staff, who is retiring after being with us for 10 years.

We're currently working on the refurbishment of the 5th en-suite bathroom in our residents' rooms and we've installed new blinds in several rooms around the home.

We've had a busy summer, making the most of our beautiful garden for a Bric-a-Brac sale at the Open Garden in June where we raised £200 which will be used for trips out for our residents.

The Round the World Party went really well (we enjoy a bit of dressing up!) We also had a visit from some reptiles and animals.

We're looking forward to the Summer BBQ for residents soon.

Pub lunches are always popular with our residents and they also recently had a trip to Eden Camp.

We've been enjoying our garden and the tomatoes in the greenhouse are growing and the residents have also been planting hanging baskets which are decorating our outside areas.

If you'd like to find out more about Cairn, please get in touch:
0114 266 1536 or **cairn@srsb.org.uk**

Awareness

If you're interested in finding out about research, consultations and feedback groups please let us know at **marketing@srsb.org.uk** You could help make a difference to changes in public spaces, organisations and venues by sharing your lived experience, ultimately helping to improve everyone's experience.

Update on Rotherham Street Plans: We have been involved in various stages of discussion around the public spaces in Rotherham Town Centre. We held a client focus group at **SRSB** early in 2024 and then 3 staff members attended a follow up meeting at RMBC to put points across on behalf of our clients, followed by another client group attending a town centre meeting on 6th August (one of the main issues being the removal of the pedestrian crossing at the bottom of Ship Hill). We also shared information about an online consultation. Unfortunately by the time you get this newsletter the online consultation will probably have finished (22.8.24).

We also delivered VIA Training to staff from RMBC aiming to help people understand navigating the streets from a visually impaired client's perspective.

We've been asked to pass on this information by Rotherham Metropolitan Borough Council: Public Engagement and Consultation. The Corporation Street improvement scheme which forms a key gateway between Forge Island and the town centre.

The aim is to create a more pedestrian friendly area, incorporating green spaces and seating, as well as enhancing the crossing points to Riverside Gardens and the cinema, hotel and restaurants on Forge Island. The scheme also includes proposals to change the layout of the Ship Hill junction.

Here is some further communication we were asked to share:

Following on from the consultation undertaken in Nov/Dec 23 to improve the public spaces around Upper Millgate and Corporation Street, a second phase of consultation took place in person and online.

The development proposals include:

- Widening and improvement of footways and public realm along Corporation Street, and reduction of crossing distances, to provide better access for pedestrians.
- Keeping the current restrictions to traffic (except buses) travelling up towards Ship Hill, although bicycles will now be permitted to travel up Corporation Street. All traffic will still be allowed to travel down Corporation Street.
- Removing the signals at Upper Millgate (the gateway to Forge Island) as Corporation Street does not carry heavy levels of traffic, and the light controlled crossing is not located where it is most convenient for pedestrians to cross. The signals also effectively prioritise traffic. The proposed arrangement, including traffic calming, the raised crossing point, and narrower carriageway, will enable pedestrians to cross more freely, and more quickly.
- The permanent removal of the traffic lights at the junction with High Street and Ship Hill following a trial period through 2023 where significant improvements to bus journey times and reliability were observed. The signals at Ship Hill do not carry high levels of traffic and generate delays for all road

users, including bus passengers, pedestrians and cyclists. The junction layout will be changed to provide better visibility for drivers pulling out of the junction on Ship Hill, with improved public realm and reduced crossing distances.

- Implementing part pedestrianisation on Market Street and Domine Lane to improve pedestrian safety and access to Riverside Gardens. This will include the removal of on-street parking bays and vehicle access to Corporation Street. Vehicles will still be able to access Corporation Street at the top of Main Street by turning left on to Westgate.

Note from SRSB and RSS: The point about the traffic lights at Ship Hill is one of the key points we are discussing and have suggested alternatives. We've strongly made our point about our concerns around the traffic lights and we're pushing to communicate the challenges for our clients. We'll feedback any further developments via our website, social media and the newsletters, as well as letting clients involved in the groups know.

Heritage and Sensory Garden: In July, Councillor Safiya Saeed, The Deputy Lord Mayor of Sheffield, officially opened the **SRSB** Heritage and Sensory Garden at Graves Park. She was joined by staff, clients and volunteers from the charity, funders and representatives from Sheffield Parks, to unveil a sign that explains about the garden and Sheffield Royal Society for the Blind's long history in Sheffield.

SRSB is one of Sheffield's oldest charities and we were founded in 1860. We have been at the forefront of sight loss services for visually impaired people in Sheffield for over 163 years. When our charity was due to celebrate its 160 year anniversary in September 2020, it couldn't, because of the pandemic. However, not to be put off, we successfully applied late in 2021 to the National Lottery Heritage Fund for funding to help us celebrate

our delayed anniversary. We were able to do this during 2022 and 2023.

Steve Loane, **SRSB** Fundraising Manager, said, “The Lottery funding allowed us to capture, preserve and raise awareness about SRSB and our heritage. It also helped us promote the History of Blindness in the Sheffield City Region demonstrating the impact of **SRSB**’s work through the same period. The overall aim was to share our unique heritage with the wider community through a series of outputs produced during the project which would raise awareness and create a lasting legacy for the future.”

One of those outputs was an **SRSB** sensory & heritage garden at Graves Park. In addition to the Heritage Lottery, we received a sizeable donation from the JG Graves Charitable Trust to help us enhance the garden and a further donation from the Sheffield Covid-19 Memorial Fund. The latter was a sculpture commissioned from Jason Turpin Thomson to reflect the visually impaired community’s experience of the pandemic. The Mappin Writers, **SRSB**’s client creative writing group, who meet every Friday morning at our Centre, wrote a poem which has been engraved on the stones along with some carvings which reflect visual impairment and our heritage.

Carol, from the group, read out the poem, before handing over to The Deputy Lord Mayor to officially open the garden.

Steve added, “The **SRSB** sensory & heritage garden in Graves Park provides a new resource for the people of Sheffield. We are very grateful to the National Heritage Lottery, JG Graves Trust, The Covid Memorial Fund, Graves Park, Mappin Writers and all the volunteers who made this project happen. I’m sure anyone who visits in the future will agree that the garden enhances the existing Rose Garden and is a great addition to this already well visited area of the park.”

Feedback

Our Stories: Steven.

Steven has had sight loss for many years. However, he had a period of time where he didn't access our services. Then in 2023 he took the step to come in to speak to our Life Ahead Project Coordinator Sarah B. This service is framed by a series of questions that aim to assess a client's current situation and set life goals (small or large) that they would like to achieve.

Carrying out this process 'opened a door' as Steven puts it, to the realisation that he needed help.

He had been experiencing anxiety and said that just going out was difficult. Sarah persuaded him to access one of our activities, our VI Shooting sessions, by saying that she would attend with him the first time. Steven says 'Sarah has a way of making you feel at ease and it also probably helped knowing that she has the same condition as me.'

He then began attending Showdown at **SRSB** (a table sport similar to ice hockey/table tennis), this time persuaded by Nicky, where he met others and began to expand his social circle, another big step forward as he had become reluctant to go out in the evenings.

Steven has also spoken in our Look Ahead Workshops (where we introduce clients to our services and also signpost them to other relevant services). We always invite existing clients to speak in the group and he modestly said that he felt he learnt more from them, as they were experiencing a new diagnosis.

He is now beginning the process of becoming a mentor, working with our Emotional Support Team, so that his experience can help others.

He talks about how his mind has been broadened, but says that 'I had to experience the downs as well as the highs as this makes you realise what you need to work on, what things can be like, and that things will get better.'

He also commented 'My outlook changed because people believed in me. Thank you for everything you've done for all of us and in particular for me, in 2023. You wonderful people have set me a great foundation in which to move into 2024 and for that I am eternally grateful.'

'You're all beautiful people with pure gold hearts. I can't wait to see what 2024 has to throw my way after what was a very challenging 2023 for me.'

Here's to the future. Can't wait to see what happens.'

We chatted about whether he had achieved the goals that he had set out in the beginning at the Life Ahead session, but he said himself that he has probably exceeded what he had hoped for at that time!

Community Advice Officers' Service: Dave talks about the early stages of his sight loss journey: Four years ago Dave found out that he had had a stroke and that it had affected his sight. He was quite quickly told that he would be registered blind as his optic nerve had been affected, and that he should contact **SRSB**. He was also told he couldn't drive any more - which for someone whose career when he was working was a lorry driver, and at the time a keen motorhome driver during his retirement, was, as you can imagine a huge shock. And to make matters worse it was in the middle of the Covid restrictions.

He was, he recalls, reluctant to come to SRSB 'One day we took the step to visit and came in to see Community Advice Officer Sarah K.'

It was when people were having to test and wear PPE/mask etc. But Sarah went through putting practicalities in place, such as benefits we were entitled to, and she even asked whether I read books and when I told her the book I was half way through at the time, she checked online and ordered it for me as an audio book so that I could finish it.

Another Community Advice Officer visited Dave's house to go through his requirements in terms of equipment.

Sarah also referred Dave to the Look Ahead Workshops which are aimed at newly diagnosed clients (or clients who are experiencing changes in their sight loss) and he was again reluctant, but was persuaded by Liz who used to run these sessions at the time. They had to do this via Zoom because of restrictions, but he says he quickly realised there were others in the same position as him. When they were able to come into the Centre to meet up after the restrictions changed he met the group in person and says he hit it off with everyone and friendships were made.

Since then he has become a very active client who has taken part in Coffee Mornings, VI Shooting, fundraising and Curling, which he really enjoys.

He was also referred to the Stroke Support Group and continues to attend this each month.

When asked what difference **SRSB** had made to him, Dave said "If I'd have known what **SRSB** did for people I would have been here 30 years ago to support it as a volunteer!"

He also adds "By coming regularly to **SRSB**, it made me realise there IS life after sight loss. The staff are brilliant, so supportive, approachable, caring and friendly. Thanks to you all."

Volunteering

If you're interested in volunteering please view our roles online:

www.srsb.org.uk/Jobs-and-Volunteering/Volunteer-Opportunities/ or call Andrea on:

0114 272 2757 or email:

volunteers@srsb.org.uk

We give full Visual Impairment Awareness training and induction.

In Memory and With Our Thanks: We were very sorry to hear the sad news that Anthony Riddle passed away recently. Anthony was one of our Board of Trustees for many years, which some people may not realise is a voluntary role. He was a very dedicated member of the Board until he retired in 2014. However, he still remained interested and involved in our work by becoming a member and attending AGMs and also usually regularly visited us around Christmas time to say hello to staff, volunteers and clients. He was both a pleasure to work with and to welcome on his visits to the Centre, leaving us with lots of fond memories. We will always remember his years of dedication to our charity. Our thoughts are with his wife Kathryn and his family and friends.

Collection Volunteers: We still need more volunteers to support our store collections in Sheffield and Rotherham, please get in touch if you can spare a couple of hours of your time at a store near you. The cumulative total of funds raised over the year really makes a difference and the collections also help us raise awareness in the local communities.

Befriending Coffee Mornings: Our Befriending Coffee Mornings are a chance for our Befrienders to catch up and hear the latest

news from **SRSB/RSS/Cairn** meaning they can update clients who they are in touch with about what's going on too.

At the last meeting, they had a session with Jack (our Counsellor and Psychotherapist) where they did some mindful chair exercises. At the next session they are going to be doing some relaxation techniques.

Fundraising

Our Fundraising Events are open to anyone to join. You can book online at www.srsb.org.uk/fundraising-events.aspx call Steve on:

0114 272 2757 or email:

fundraising@srsb.org.uk

The events we hold are a critical source of income for our local independent charity and help us to provide our services now and into the future in Sheffield and Rotherham.

Upcoming Events:

Pub Quiz: Thurs 19th Sept 7:30pm The Old Queen's Head Sheffield.

Abba Tribute: Sat 21st Sept at Beighton Miners Welfare.

Charity Golf Day: Fri 27th Sept at Abbeydale Golf Club.

Sheffield 10K: Sun 29th Sept.

Blind Drive: Thurs 10th Oct (TBC)

Charity Quiz and DJ Evening: 1st Nov at **SRSB** in Sheffield, a joint fundraiser for South Yorkshire VI Tennis Club and **SRSB/RSS**

Home Collection Boxes: We've got some lovely new home collection boxes in stock, so if you want to help us to raise funds in an easy way, you can just have one of these on the side at home to pop spare change in. The cumulative amount of funds raised from these boxes over a year really makes a difference.

Our Local Communities: Our local community has supported **SRSB** over many years in lots of different ways, and this is a great example of one of those. We recently met members of The Sheffield 1000 Charity including Dan Walker at an event at Westfield Health to thank them for their support (they donated £1,000 to us earlier this year) and hear more about their work. Our thanks to The Sheffield 1000 and to everyone who donates to this fantastic local initiative to support charities in our community.

Our Daring Fundraisers: We're always amazed by the events that our supporters want to take on in order to raise funds for us with many people doing them to overcome fears or just challenge themselves. Many of our supporters are also clients, which means these challenges take on another dimension - jumping out of a plane, climbing down the side of a building, or navigating the high ropes at Go Ape with little or no sight demonstrates that you really can take on challenges and test yourself, often with huge rewards in confidence building.

Legacies: Our first Free Will Week was in June, thank you to everyone who took advantage of this and also to the solicitors that supported it: Norrie Waite & Slater, Graysons and Best Solicitors.

Our next Free Will Week is from Oct 21st to 25th Oct.

We can arrange appointments for discounted Wills at other points throughout the year. Please contact our Legacy Officer Steve for more information.

Raffle: Thank you to everyone who took part in the Summer Raffle helping us to raise £1,581.40 Our next raffle will be at Christmas with our Winter 2024 newsletter.

Grants & Trusts: We've received a VOR4 grant for 2 toilets at RSS, and from the Cutlers Company CT Charity for equipment for RSS demo kitchen recently and have other applications in the pipeline.

Other News

Community Work: High on our list of priorities is contributing to research and focus groups on issues that concern our clients, with the aim to improve access for them.

We've recently attended meetings/groups about street planning in Rotherham, about use by dates on food packaging, and our young clients have given feedback on audio descriptions for a University study.

Training: We deliver VIA (Visual Impairment Awareness) Training to other organisations in our communities in Sheffield and Rotherham.

Recently, Matt and Andrea from **SRSB/RSS** trained a group of project officers from RiDO (Rotherham Investment & Development Office) which is part of Rotherham Metropolitan Borough Council. Following the consultation with our clients about proposed changes to the town centre, the Council invited us to work with a group of their project officers to undertake a bespoke training course providing their staff with an insight into what it's like to live with a visual impairment. The delegates who attended the training are responsible for many of the urban development projects taking place within Rotherham town centre. Feedback from the course indicated that by experiencing visual impairment through simulation exercises gave them a unique perspective and

will help inform their future decision-making processes. Further training with this group is planned for later in the year.

If you're interested in finding out more please contact Matt:

0114 272 2757 or **training@srsb.org.uk**

And Finally... Help us save costs! Can you help by opting to receive this newsletter by email or memory stick? If so, please email marketing@srsb.org.uk from the email address you'd like us to send it to and add your name so that we know who you are. We'll save your email and add it to the mailing list. Thank you!

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