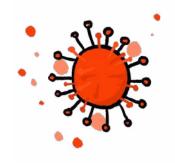
# What it means



Words about Coronavirus (COVID-19) and what they mean



Coronavirus (COVID-19) is a new illness.



We have to stay at home and keep away from other people, to stop the illness spreading.



There is a lot of information about Coronavirus.



People are using a lot of words which may be new to some people.

This is a list of some of those words and what they mean.

# These are the words we are explaining. You can click on a word to go straight to its meaning:

Basic necessities

**▶** SAGE

▶ Coronavirus (COVID-19)

▶ Self-isolation

Critical worker

▶ Shielding

▶ Essential work

▶ Social distancing

▶ Flattening the curve

▶ Social media

▶ Furlough

▶ Symptoms

▶ High temperature

▶ Underlying health condition

**▶** Immunity

▶ Vaccine

▶ Lockdown

▶ Ventilator

▶ Long-term health condition

Virus

**▶** Pandemic

▶ Vulnerable person

▶ PPF

▶ Wellbeing

▶ Public Health England

▶ WHO

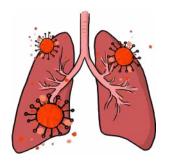
▶ Quarantine



#### **Basic necessities**

Basic necessities are the things that we need to keep ourselves alive and healthy.

For example, food and medicine.



## **Coronavirus (COVID-19)**

Coronavirus (COVID-19) is a new illness that affects your lungs and breathing.



Coronavirus is spreading quickly all around the world.



Most people don't get very ill with it.



Some people will die if they catch it.



## **Critical worker**

A critical worker is someone who is doing a job that must carry on during the Coronavirus crisis.

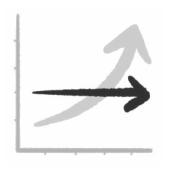
For example, health and care workers.



## **Essential work**

Essential work is work that has to be done during the Coronavirus crisis.

For example, health and care work and food shops.



# Flattening the curve

Flattening the curve means making sure there aren't too many people getting ill at the same time.



If too many people get ill at the same time, the NHS wouldn't be able to look after them all.



# **Furlough**

Furlough is when your boss asks you to stop working and stay at home during the lockdown.



You still keep your job. The Government will give your boss the money to pay most of your wages.



# High temperature

A high temperature is when you are hotter than usual.

You will feel ill and be sweaty.



## **Immunity**

Immunity means that once you have had the illness, you won't get it again.



Doctors are not sure yet if people will have a good immunity after they have had Coronavirus.



#### Lockdown

Lockdown means that we should all stay at home and keep away from other people.



## Long-term health condition

A long-term health condition is a health issue that you will have for the rest of your life.

For example, diabetes or asthma.



You can usually manage a long-term health condition so that you can live with it.



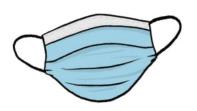
## **Pandemic**

A pandemic is when a serious illness spreads around world.



#### **PPE**

PPE stands for Personal Protective Equipment.



It is the special clothing that health and care workers wear to keep themselves safe from Coronavirus.

For example, face masks and gloves.



## **Public Health England**

Public Health England is part of the Government. They are responsible for the health and wellbeing of everybody in the country.



## **Quarantine**

Quarantine means keeping yourself away from other people while you have an illness.

#### **SAGE**



SAGE stands for Scientific Advisory Group for Emergencies.

They are a group of scientists who help the Government.



## Self-isolation

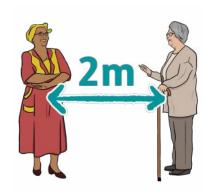
Self-isolation means keeping yourself at home and away from other people.



# **Shielding**

Shielding is where someone puts up a barrier to keep themselves safe from people who may have Coronavirus.

The shielding could be a plastic screen, goggles or some clothing.



# Social distancing

Social distancing means keeping away from other people.

We have to stay 2 metres away from other people. That's 6 feet.



## Social media

Social media is where you can post words, pictures and videos online to share with other people.

Facebook, Twitter and Instagram are all types of social media.

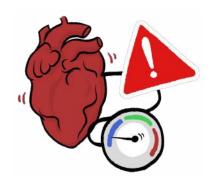


## **Symptoms**

A symptom is a feeling or a change in your body when you are ill.

The symptoms of Coronavirus (COVID-19) are:

- A new cough, and you keep coughing
- A high temperature



## **Underlying health condition**

This could be a long-term health condition or another illness that you have.

For example, cancer or heart disease.



## **Vaccine**

A vaccine is a jab or injection that stops you getting a certain illness.



## **Ventilator**

A ventilator is a machine that breathes for you.

It is for people who are very ill and cannot breathe for themselves.

People who are very ill with Coronavirus may need to use a ventilator.



#### **Virus**

A virus is something that gets into your body and causes illness.



# Vulnerable person

A vulnerable person is someone who finds it difficult to keep themselves safe.



# Wellbeing

Wellbeing means feeling good about yourself.

It is about being happy in your mind and body.



## **WHO**

WHO stands for the World Health Organisation.



They are responsible for the health and wellbeing of everybody in the world.



They help governments work together to deal with illnesses that affect the whole world.

# For more information



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